

Immanuel Lutheran Church
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 www.immanuelprinceton.org

The Epistle

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2010

Join us on Sunday, September 12th as we kick off our Sunday School year. Following 9:00 a.m. worship we will have a “mini-carnival”, register students for Sunday School and kids can meet their teachers. Sounds like fun.



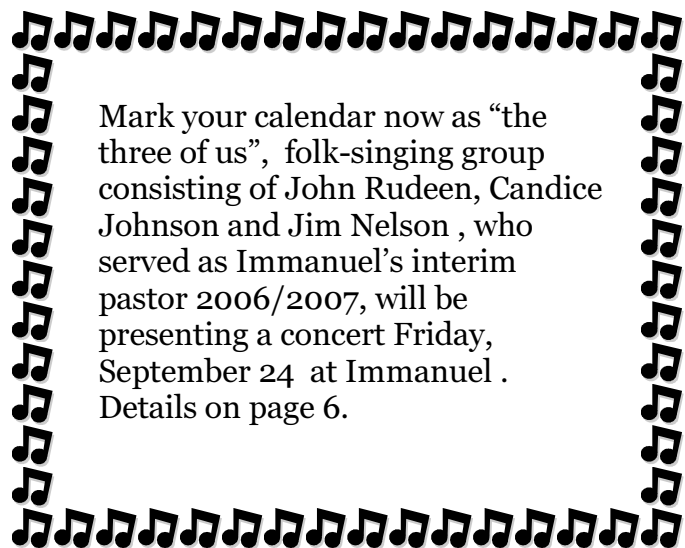
Check out the Youth News on page 5 for other fun things coming your way.
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Worship for the Whole Family

Sunday worship at 9:00 a.m. through
 Sept. 12.
 Beginning Sept. 19th worship at 8:00 and
 10:30 a.m.
 Communion served the 1st and 3rd
 Sunday

Secretary's Office Hours beginning Sept. 7th.

Monday through Thursday —
 8:30 a.m.—12:00 Noon
 1:00 p.m.—4:30 p.m.
 Friday
 8:30—12:00 Noon



Mark your calendar now as “the three of us”, folk-singing group consisting of John Rudeen, Candice Johnson and Jim Nelson , who served as Immanuel’s interim pastor 2006/2007, will be presenting a concert Friday, September 24 at Immanuel . Details on page 6.

August Minutes Immanuel Lutheran Church Council

August 10, 7 p.m.

Devotions: Sondy Erickson gave devotions based on a reading from *Red Sea Rules* by Robert Morgan. She noted that Satan pursues us and that he does not surrender without a fight. Knowing three Bible verses will help us resist Satan: Daniel 11:32 (The people who know their God shall stand firm and take action), James 4: 1-8 (Draw near to God and he will draw near to you. Cleanse your hands, you sinners, and purify your hearts, you men of double mind); I Peter 5:9 (Be firm in your faith, knowing that suffering is required of your brotherhood throughout the world). We must rebuff Satan in the name of Jesus Christ.

Call to Order and Attendance: President Greg Berning called the meeting to order at 7:06. Excused were Kim Neubauer and Troy Minske.

Secretary's Report: Dave Saterbak moved and Bob Lundell seconded approval of the minutes. Motion prevailed.

Treasurer's Report: Eric Reynolds moved and Amy Bollman seconded approval of the treasurer's report. Motion prevailed.

Executive Board: President Greg said executive board met to set the agenda and discussed each item on this agenda.

Board Reports:

Finance Committee: Gail Engblom announced that a fundraiser is set for Sept. 24 at 7 p.m. featuring interim Pastor Jim Nelson and his musical group. Congregational Life and Worship will serve a light supper about 5:30 p.m.

Youth and Family: Amy announced that a draft of the confirmation program is ready for review. Sunday School materials have been decided.

Facilities and Properties: The basement windows on the north and west sides are finished, thanks to Ken Gustafson.

Congregational Life/Worship: Council reviewed a proposal from Cong Life and Worship that recommended that all boards meet the same night (first Tuesday), executive board a week later (second Tuesday) and church council on the third Tuesday. No action until boards discuss.

Mission and Outreach: Stewardship drive is set for October. Habitat for Humanity fund has a balance so council recommended that M and O find a particular use for the funds. Clarification was made on campership dollars that will result from our church members cleaning the fairgrounds: All camperships should be used for Onomia, our camp on Lake Shakopee.

Bollmans will donate new software for church website.

Communications: Gail read a letter from Grace Terry, an author raised in the Princeton area, asking to use information found in our centennial publication for her new book. Council gave permission.

Staff Reports: Pastor Mike: Summer has been filled with weddings. Wedding coordinator Sue VanHooser has asked for an assistant to help with weddings.

Youth and Family Director Amy Bollman explained some of the planning for rally Sunday and the kick-off of

Sunday School.

Membership Changes: One change: Norman Johnson transferred in from Good Shepherd Lutheran Church.

Old Business:

Update on changes to the job description of bookkeeper - motion to approve: No action

Update on rental fees for use of facilities and equipment: Pastor Mike and Sue VanHooser will update rentals for weddings.

Sondy reported that, according to the synod office, the use of "fee" is frowned on because we are a non-profit, so the words to use are "recommended donation." F and P should review their guidelines as should all boards that charge a fee for services, etc.

Updating of Constitution and By-Laws: Sondy reported that Barb found out that former pastor, Steve Cook, had the only word-processed disk of our constitution and bylaws so he sent Barb the disk so we now have a permanent copy of both documents. Sondy asked that Barb date all revisions of the documents (based on changes made at annual meetings).

Progress on organization of church records: Gail reported that 14 to 16 boxes of stuff had been shredded. Council recommended that a specified filing cabinet be used for all financial records and reports.

Report from Memorial Committee: Kathy Carlson will coordinate this project and report at next council meeting but asked that each board give her one need for change.

Council will decide direction of monetary donations for the new Memorial policy guidelines.

Eric Neumann recommended purchase of plaque that could contain separate nameplates recognizing donors and memorial based on our policy of not placing plaques on physical donations.

New Business:

Report on theft during garage sale: Amy reported details (no police report) of theft. There was discussion of installation of security cameras or a security system for entrance, such as that used at New Life Church. F and P will take responsibility.

Concern was also raised about strangers wandering around the church, even on Sundays, so council recommended that ushers serve as service security and check facility during/after service.

Cindy's contract: who knew about increase? Audit? Gail reported that book-keeper Cindy was paid \$20 per hour in 2002 but now receives \$26, about an increase of a dollar a year, all without council approval. President Greg will revise contract for Cindy and present to council and Cindy. Audit committee will also need to review contract every year.

2010 performance reviews – council expects feedback from board reps as well as from Pastor Mike. Executive Board will review feedback and make assignments at Sept. board meeting.

Recommendation: all boards should review Barb's performance as it relates to them. Youth and Family should review Amy's performance and Facilities and Property (F and P) the performance of Ken and Sandy, our custodians.

Back to School drive: Amy will coordinate.

Movable parking signs: F and P will take care of the creation of a movable parking sign so everyone knows where to find our parking lots.

Thrivent Choice Dollars – specific cause for allocation? Dave moved and Gail seconded that the council wants youth programs to receive the allocation. Motion prevailed.

Other: Amy asked for update on boards so website information is current. She needs the info by October 1.

Purser schedule: Dave Saterbak is in charge

Devotions for September: Bob Lundell

Next Executive Board meeting: Sept. 8, 5:30 p.m. library (next council meeting is Sept 14)

Closing Prayer and Adjournment: Amy moved and Eric Neumann seconded to adjourn council meeting at 9:27 p.m. Motion prevailed. Meeting adjourned.

A Message From Your Pastor

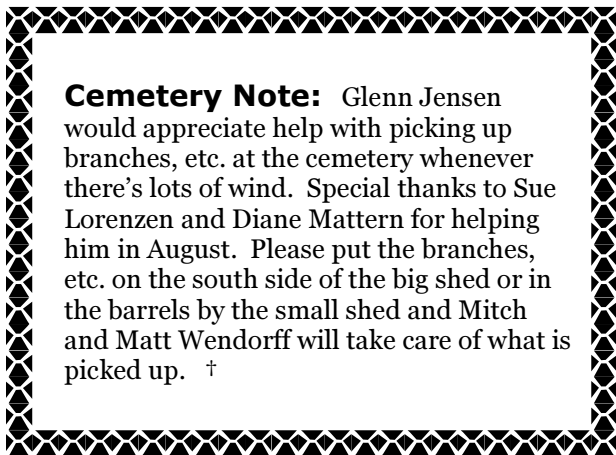
Those of you who are runners may have heard of something called the Bislet Effect. It derives its name from Bislet Stadium in Oslo, Norway. More than 50 track and field records have been broken over the years at Bislet. It is not because of the weather in Oslo, or the altitude, or the wind.

The secret is the track. It is a narrow, six-lane track, and the stands that surround it are very steep. When the fans all scream, "Go, go!" in this kind of up close and personal setting, a person runs faster. The crowd helps you keep your rhythm and push harder for one more stretch on one more turn.

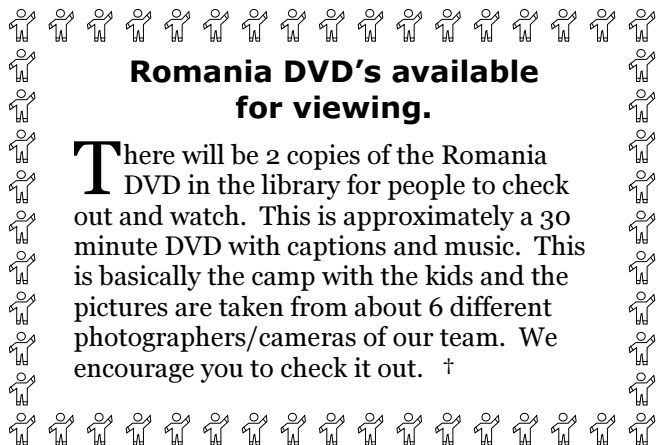
As you get to know me you are probably realizing that part of me is an encourager. I want to be able to support you in whatever endeavor, line of work, school, or situation in which you are engaged. The word 'encourage' means "to put the heart in them". *En* means inside, and *cour* is the French word for heart. When we encourage someone we put some heart into them.

It is important for our own faith life. For us to grow spiritually it helps a great deal to have folks around us enable us to pursue our relationship with God. And when we get discouraged-lose heart-we have a person to counteract that feeling.

As we gear up for the fall programming here at Immanuel are you someone who needs to re-evaluate your involvement in your faith journey? From Bible studies to participating in the life of the church these are ways we grow and learn to be a servant. We also establish friendships with others that are helpful to our spiritual journey. Blessings! †



Cemetery Note: Glenn Jensen would appreciate help with picking up branches, etc. at the cemetery whenever there's lots of wind. Special thanks to Sue Lorenzen and Diane Mattern for helping him in August. Please put the branches, etc. on the south side of the big shed or in the barrels by the small shed and Mitch and Matt Wendorff will take care of what is picked up. †



Romania DVD's available for viewing.

There will be 2 copies of the Romania DVD in the library for people to check out and watch. This is approximately a 30 minute DVD with captions and music. This is basically the camp with the kids and the pictures are taken from about 6 different photographers/cameras of our team. We encourage you to check it out. †

August Healthnotes from Charlene Kosloski

He does not faint or grow weary. Isaiah 40:28b
Be imitators of me, as I am of Christ. 1 Corinthians 11:1

Much about our Triune God surpasses human understanding. Who among us doesn't yearn to not face fatigue and weariness. How Godly—how Christ—like—we would be if we never got worn out while doing his will for us and the good of others! Even though that's not how God created us, St. Paul still urges us to cultivate those divine, seemingly unattainable qualities in his first letter to the Corinthians. God tells us, through his Son, "Love one another, forgive one another, as I have loved and forgiven you. Bear one another's burdens that only I can make easy and light." What a joyful relief to know we have a standing invitation to the Throne of Grace, where we can ask God to equip us for fruitful service in his Kingdom here on earth.

Why not see God's gift of summer as an opportunity to enjoy some relaxation and fresh air activities. These can help build up our energy resources for the more rigorous seasons to come.

Dining on a variety of fresh and simply prepared foods from the garden, Farmers' Market, or produce section can also serve to fortify our nutritional status, providing the right fuel for vigor and stamina.

When we do return to our job sites and desks as seemingly refreshed workers or students, our human frailties are apt to still kick in, leading to the same old power shortages and brain drain.

While reading the back of my morning cereal box (a habit I'll never out grow), I saw the following potential pick-me-ups. Some are done from a sitting position, others while standing. Be advised, it's a good idea to let by-standers know what you're up to, thus avoiding curious stares or side-ways glances. Beseeching God to supply your every need, you might try out some of the following:

1. Arm Raise (either standing or sitting) - Slowly raise one arm at a time to shoulder level. Hold for 3 seconds. Use a water bottle as a resistance weight. Repeat as tolerated, relaxing after each lift. Repeat with your other arm.
2. Bicep curl—Also done either sitting or standing. Straighten your back and abs. With palms up, slowly curl your hands towards your shoulders, then relax. Water bottle weights are again an option.
3. Chair squat—Straighten back and abs. Lift yourself about 6 inches off your chair. Hold this position as long as you can, then rest. Repeat as tolerated.
4. Hip and/or leg extension—Stand with your back, abs, and legs straight. With one leg at a time, extend it to the side as far as you can, holding for 3 seconds. Repeat with your other leg as you're able. Then lift in turn each leg out in front of you as high as you can, holding for 3 seconds. Relax and repeat with your other leg. Use your arms, desk, or chair for balance and safety.

5. This one is somewhat difficult but is great for upper body strength and oxygenation. Stand at the edge of your desk, facing away. Place hands on desk top next to your hips and move your hips away from the desk. Slowly lower your body until your arms reach a 90° angle. Raise your body up and repeat.

Here's hoping these once or twice a day desk workouts will pep you up and combat fatigue. Don't forget the old standbys of parking farther away from your work site, taking the stairs, and moving around every hour or so. Try intentionally leaving something you'll be needing later in your car, making a quick walk necessary. Many of us to this on a regular basis anyway.

Let us always rejoice that we have a God who hears us, his Holy Spirit within us, the power of his love surrounding us, and the hope of Heaven always before us. †

"My Two Cents"

From the Treasurer
Gail Engblom

See the article on page 6.

Two upcoming opportunities to donate to the Red Cross blood drive:

1. Mon., Sept. 20th from 12:30 to 6:30 p.m. at Trinity Crossing. Call Erna Deglmann at 389-2659 for an appointment .
2. Sat., Oct. 9th from 8:30 a.m. to 12:30 p.m. at Immanuel. Call Juli Hager at 389-0937 for an appointment or more information. †



Youth and Family Corner September 2010

Sunday School:

Rally Sunday will be September 12th! Following the 9:00 church service, students may register, meet their teachers, and enjoy a mini carnival! Registration sheets are also available on our church website at www.immanuelprinceton.org

Confirmation:

There will be a meeting for all 7-8th grade confirmation students and their parents Wednesday, September 15th at 6:30 p.m.

Confirmation classes will begin on Wednesday, September 22nd.

After School Program:

Our after school program will begin on Wednesday, September 22nd. We will feature the "Kids Own Worship" curriculum which provides a hands-on and interactive approach to worship. Times will be from 3-5:15 p.m. Please note that due to limited resources and donations, the Wednesday suppers have been cancelled.

Upcoming Youth Activities:

Pancake Breakfast Fundraiser at Applebees! Please join us for breakfast on Saturday, October 9th between 8-10:00 am. Students will be selling tickets to raise money for camp scholarships and youth activities.



Please help us collect school supplies for our students and teachers!

Items needed:

- * Elmer's glue sticks
- * 24 count box crayons
- * Composition notebooks
- * 3-pronged plastic folders with pockets
- * Plastic folders with pockets
- * Kleenexes
- * Dry Erase markers
- * Highlighters
- * Large pink erasers

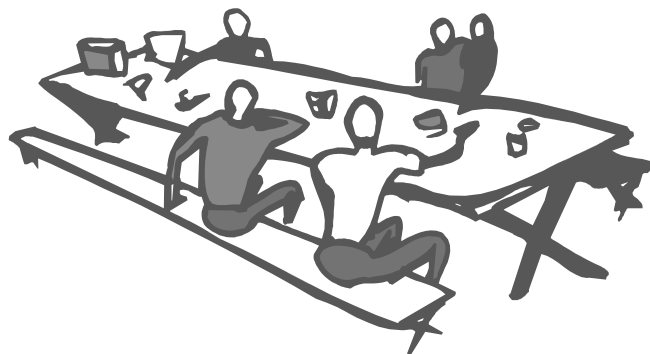
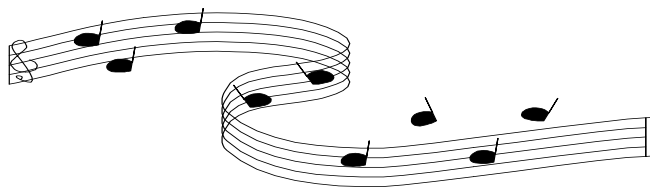
A Treat for All Ages

DON'T MISS The Three of Us

7 p.m.

Friday, September 24th

Featuring the folk-singing trio James Nelson (Interim Pastor at Immanuel 2006–2007), John Rudeen & Candice Johnson. The concert will be preceded by a picnic in the parking lot sponsored by the Board of Finance. Everything will be provided. Just join us for an evening of food, fellowship & good music. (Picnic in the Fellowship Hall in case of bad weather)



Did you know Immanuel has an IRA? Our IRA stands for the Internal Reserve Account of \$20,000 that was established in 2004 during our Year of Jubilee fund raiser. We didn't have to touch those IRA funds until mid-2009 when the nation's economic downturn finally began to impact Immanuel. At that time we used \$600 of our IRA plus \$8,400 of interest that had been earned over the preceding four years to keep current with our 2009 bills. This pattern, unfortunately, has continued in 2010. As of the 8/22 bulletin an additional \$7,870 of our IRA has been used to keep current on our bills. That averages out to about \$1,000 a month needed above our giving to meet our payments. Council, well aware of this continuing trend, has trimmed budgets and has secured more reasonably priced insurance coverage. Additionally, no salary increases were given to staff in 2010, including Pastor Mike. They also established a Board of Finance to work with and assist the Treasurer of the congregation in keeping Immanuel on sound financial ground as we enter the new program year of the church. As the church gets busier our expenses also increase. Paper costs, postage, and utilities continue to rise. To avoid having to obtain an expensive operating expense loan later this year the Board would like to maintain a strong Internal Reserve Account. In this *Epistle* you will find an envelope marked "Special Gift for Immanuel's Internal Reserve Account". We ask your prayerful consideration of an additional IRA gift, and then ask that you bring your special IRA offering to "The Three of Us" fundraiser concert on the 24th. We invite everyone, whether you are able to make a special offering at this time or not, to enjoy an evening of picnic, fellowship & song in celebration of Immanuel's programs that carry out our Mission Statement

"The Love of Christ Proclaim."

What Does the Wedding Coordinator do at Immanuel?

Facility Responsibility

- * Present during all related activities
- * Special set up and take down
- * Kitchen and Fellowship Hall clean-up following use.

Schedule Meetings and Direct Rehearsal

- * Meetings with Bride prior to the wedding
- * Coordinate details related to sound, Altar Guild, special music needs, and facility set-up
- * Coordinate all wedding day activities with the exception of the wedding service
- * Participate in rehearsal with pastor

Wedding Day

- * Open doors and remain during facility use.
- * Help with floral delivery
- * Help photographer
- * Supervise decorating

Extended Facility Use

- * If the Fellowship Hall is used for activities related to a wedding, groom's dinner or reception, the wedding coordinator is present during these activities.
- * Coordinate caterers
- * Supervise use of kitchen
- * Supervise expected clean-up

We are looking for someone to become a wedding coordinator.

If you are interested in joining this ministry at Immanuel, please contact Sue VanHooser at 389-5271.

†

With gratitude . . .



One of the blessings God gave us when we moved to Princeton in 1972 was our Immanuel family. This has never been more true than in these past months when people have upheld us with concern and prayers as my Dad reached those milestones of 100 years, 101 years, 102 years, and finally Dad's death this past August 7. Thank you again for all the ways in which you have remembered us — prayers, cards, food, and memorials. The memorials received from you will be used at Immanuel. God's continued blessings on this congregation.

Don and Susan Bartholomew †

"The End Times"

Almost daily we read or hear about "the end times." On Tuesday, September 14th, the Early Bird Bible Study group will begin a 13-week study on this subject. The group meets in the back room of the K-Bob Café at 6:30 a.m. on Tuesdays. If you'd like to learn more about the Biblical perspectives of "the end times" contact Susan Bartholomew at 389-1402. †

Monday, October 4th set for German Supper and Craft/Bake Sale.

Are you ready for roast pork, spaetzle, German potato salad, home made sauerkraut, dark breads, and apple dessert? Mark your calendars now. A good time will be had by all.

Serving times are from 5 to 7 p.m. Select your seating time: 5:00, 5:15, 5:45, 6:00, 6:15 or 6:30 p.m. Extra tickets will be available at the door. Ticket prices are \$8.00 for adults and \$4.00 for children under 10. Tickets go on sale Sunday, September 12th.

Don't forget our craft and bake sale. Think about what you might contribute. Watch for signup sheets in the Gathering Area. This project takes an extreme amount of workers and donations. We **"Thank You"** in advance for all your help.

Questions? Call co-chairs Don & Marion Kruschke or Ken & Pat Gustafson. †

Immanuel Lutheran Church
401 So. 8th Ave.
Princeton, MN 55371-1912

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Bible Study and Circle Updates



For your future planning...

Early Birds Bible Study—

Tuesdays at 6:30 a.m. at K-Bob

Sunday Lesson Bible Study —

Thursdays at 7:00 a.m. at the K-Bob Café

Pastor's Bible Study— Resumes in the fall

Eunice Circle — Mon., Sept. 20 at 5:30 p.m. at Immanuel

Faith Circle — Watch for time and location

Ruth Circle - Thu., Sept. 16 at 9:00 a.m. Jensine Turner is hostess

- ⇒ Wed., 9/08 Noon— JOY Luncheon
5:00 p.m.—Choir potluck
7:00 p.m.—Choir rehearsals begin
- ⇒ Sun., 9/12 Rally Sunday
9:00 a.m.—Worship
- ⇒ Wed., 9/15 6:30 p.m.—Confirmation parents' meeting
- ⇒ Fri., 9/17 6:00 p.m.—Firearms Safety training begins
- ⇒ Sat., 9/18 5:00 p.m.—Wedding of Julie Thompson & Jeff Groves
- ⇒ **Sun., 9/19 8:00 & 10:30 - Worship**
- ⇒ Wed., 9/22 8:30 a.m.—Foster Grandparents at Immanuel
3:00 p.m.—After School program begins at Immanuel
5:30 p.m.—7th grade Confirmation class
6:30 p.m.—8th grade Confirmation class
- ⇒ Fri., 9/24 5:30 p.m.—Light Supper
7:00 p.m.—"The Three of Us" concert
- ⇒ Sun., 9/26 OCTOBER EPISTLE DEADLINE
- ⇒ Mon. 9/27 6:00 p.m.—BeFriends meet at Charlene's